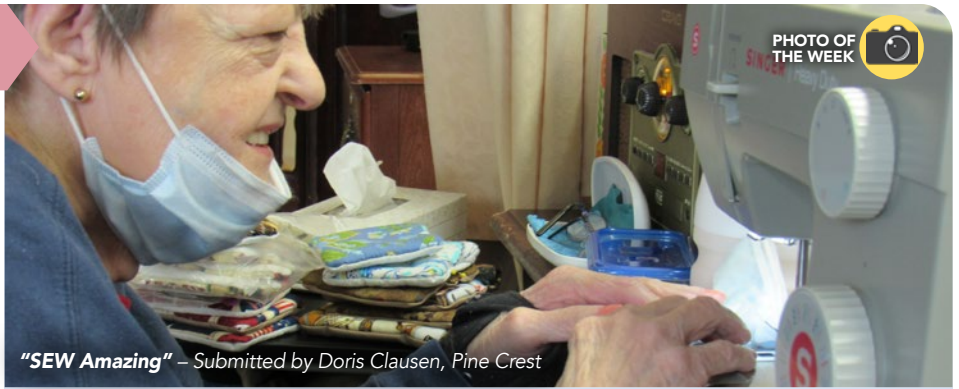


A Weekly Update  
For The Employees of  
North Central Health Care



# NEWS YOU CAN USE



## WEEKLY CONNECTION WITH MICHAEL LOY

**Happy Nurses Week, Nursing Home Week and Happy Mothers Day!**

Wrapping up another great week here, I want to thank you all for your continued work throughout the week as we forge ahead into May. Earlier this week we released a video kicking off the celebration of National Nurses Week, hopefully you had a chance to see that video. You can watch it on our Facebook page as well as [www.norcen.org/News](http://www.norcen.org/News). We are happy to celebrate our nurses here at NCHC and all

the great work that you do. I hope that you feel that appreciation and we know all the hard work that you put forth for those we serve and our teams.

Thursday, May 7th was Children's Mental Health Awareness Day. Across the nation people were raising awareness around children's mental health issues. For us here at NCHC we're engaged in a couple of key new initiatives around children's mental health. First, as many of you know, we're opening a 8-bed Youth Hospital later this year. NCHC will run the only county-operated youth hospital for psychiatric needs in the state of Wisconsin. We are far into construction, with that work slated to end sometime in August. We are looking forward to having that project completed and getting that program up and running. In addition to that, we also recently received a grant from the State of Wisconsin to establish a Youth Crisis Stabilization Facility, an 8-bed facility, here in Marathon County. We are working through the implementation of that project and hope to share more news very soon.

Our Aquatic Therapy Center construction is wrapping up it is set to close out next week. We will be working towards a soft opening on June 1st. In the next few weeks we'll be getting prepared to offer limited therapy for new patients and maintenance therapy. We are working to develop a virtual walk-through so you will all get a chance to see what that new building looks like. We're very excited about it and it's coming along beautifully. It's an incredible facility and we hope to be able to celebrate a grand opening at a later time.



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New for All Employees!	
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### ADMINISTRATOR ON-CALL x4488 or 715.848.4488

In the event of Phone System Outage, reference the O:drive "On-Call Information Folder" for Schedule and Cell Phone #'s.

**Monday, May 11 –  
Sunday, May 17**

**Kim Gochanour**



I also want to give a quick update around some initiatives happening in the nursing homes. Many of you may have heard that the State of Wisconsin is now moving towards having all nursing home employees and residents tested for Covid-19 with a cohort-type approach. We're participating with the State in the planning of that requirement, although we do not have a tentative date or a timeline for when that will happen within our two nursing homes. We will have more news as it becomes available. On a related note, the State of Wisconsin is working with the federal government on prioritizing increased transparency around the incident report-

– continued on page 2



Person-Centered  
**Shout  
out**

**Dakota  
Kaiser  
and  
Kimberly Moore**



**Why:** Providing great insight and info. regarding challenges during Covid-19 in a joint TV interview at short notice.

**Submitted by: Jessica Meadows**



ing of Covid-19 in nursing homes for both staff and residents. Starting next week, nursing homes will be required to report how many cases of Covid-19 positive employees and residents that they have within their building. At this point, we don't have any positive cases currently in either of our two skilled nursing facilities. For that we are very thankful. We will continue to work vigilantly to carry out appropriate screening and testing and make sure that our nursing homes, and all our locations stay safe. We will participate with the State in both reporting and further testing as needed and directed. So look for more to come on that in the coming days.

celebrating the mothers in your life. I want to wish all of our Moms who are part of our NCHC team a Happy Mother's Day. I hope you able to enjoy the day with your loved ones and we certainly appreciate all that you do and the important role of mothers in all of our lives. I again want to say thank you for all that you're doing on behalf of our organization!

Make it a great day,

*Michelle*

Lastly, on Sunday this week many of you will be celebrating Mother's Day, either as mothers yourself or



Watch NCHC Connections <https://youtu.be/eHo8otwmZEO>

# Introducing The Suggestion Box

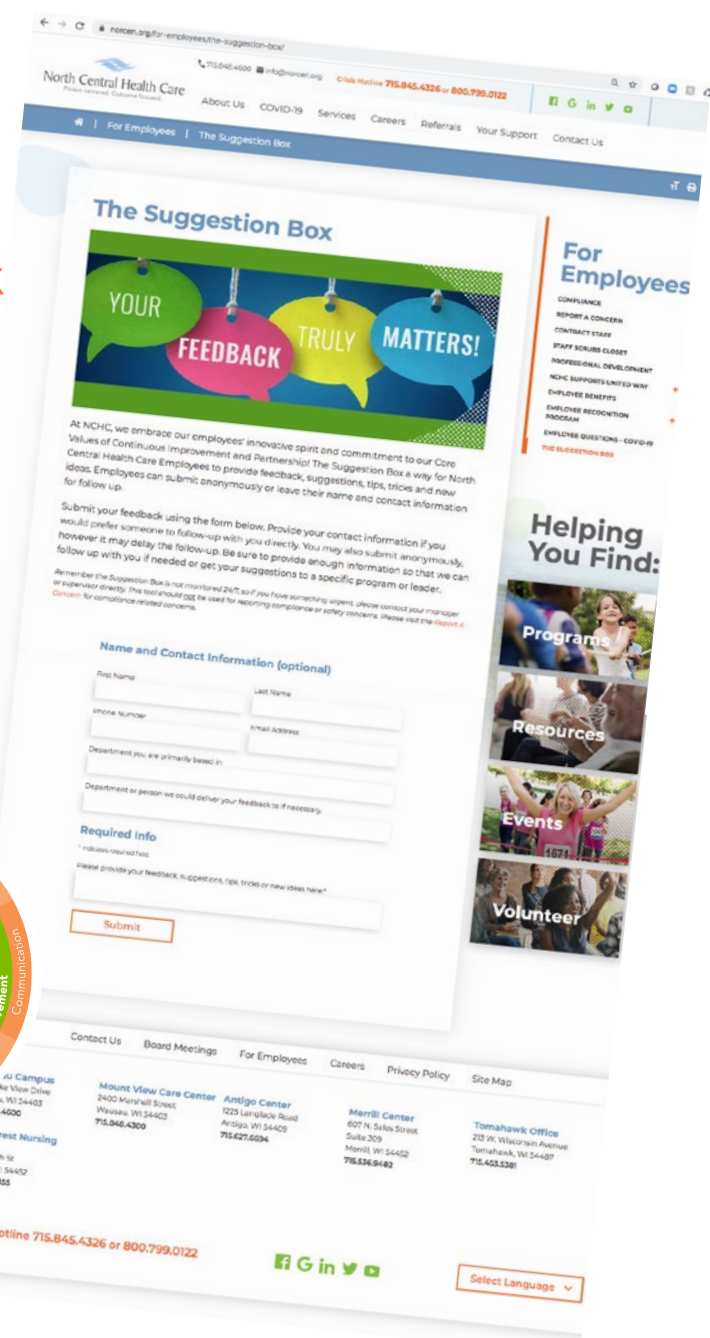
Employees can provide feedback, suggestions, tips, tricks and new ideas all through this new online opportunity!

[www.norcen.org/SuggestionBox](http://www.norcen.org/SuggestionBox)

As we strive to create additional avenues in which to communicate in our new normal, a suggestion came in from the Community Treatment Team. Their staff were not able to leave suggestions in their department suggestion box any longer since they were all working remotely. The idea was suggested to create an online version that people could use, still leave anonymous suggestions, or leave their name for follow-up. We were able to fulfill that request and also open it up to all NCHC employees!

We embrace our employees' innovative spirit and commitment to our Core Values of Continuous Improvement and Partnership! The Suggestion Box a way for North Central Health Care Employees to provide feedback, suggestions, tips, tricks and new ideas. Employees can submit anonymously or leave their name and contact information for follow up - all submitted online!

Submit your feedback using the form provided at our website. Provide your contact information only if you would prefer someone to follow-up with you directly. You may also submit anonymously, however it may delay the follow-up. Be sure to provide enough information so that we can follow up with you if needed or get your suggestions to a specific program or leader.





North Central Health Care  
Person centered. Outcome focused.

# THANK YOU Nurses



Nurses are always there for us. They work tirelessly to provide care and comfort for our clients, patients and residents on a daily basis. Nursing is a demanding but rewarding job and there's a need for nurses throughout every stage of our lives.

We want to express our gratitude and appreciation for hard-working nurses everywhere, but especially our amazing nurses at North Central Health Care. They work in many of our programs providing care in our nursing homes, mental and behavioral health programs, community treatment and developmental disability programs. They provide employee health, leadership in our administration and training to our staff and students.

Our nurses inspire, innovate, influence, lead, excel and challenge our organization and our partners to be the best they can be.

In 2020 and always, we appreciate the dedication of our nurses who selflessly serve others.

*Thank you for all you do!*



National Nurses Week • May 6–12, 2020  
[www.norcen.org](http://www.norcen.org)

Check out this week's City Pages for a special message to our nurses!  
Online too! <http://www.thecitypages.com/>



*Celebrating*

## National Nursing Home Week

**May 10 - 16<sup>th</sup>**

This week we recognize the excellent care that staff provide at both Mount View Care Center and Pine Crest Nursing Home. Nursing home staff and residents are encouraged to dress up May 11-15<sup>th</sup> to help celebrate this national recognition!











Monday, May 11	Tuesday, May 12	Wednesday, May 13	Thursday, May 14	Friday, May 15
<b>Share a Laugh</b>	<b>Share a Word</b>	<b>Share the Love</b>	<b>Share a Movie</b>	<b>Share Wisdom</b>
Wear a funny accessory or outfit, something intended to make someone laugh or smile.	Wear a plain shirt with a letter on it, then join with others to make inspiring and uplifting words (think scrabble).	Dress in 60's themed gear like in the summer of love.	Dress up like a movie or TV character that inspired you or made you laugh!	Share your past and some of the wisdom you have learned along the way with a neighbor.
				
				



PHOTO OF THE WEEK



"SEW Amazing" – Submitted by Doris Clausen, Pine Crest



"SEW" THOUGHTFUL!

Pine Crest has a resident who enjoys sewing and has been sewing masks for others. Thank you Barb for sharing your talent!

Submit A Great Photo From Your Week!

Submit your photo and description to Email: jmeadows@norcen.org or Text: 715.370.1547. Please indicate Photo of the Week and include your name, who/what/where of the photo and why you are submitting.



THE FACE MASK PROJECT

NCHC in the News

The NCHC Face Mask Project was shared recently by our media partners at WAOW TV 9. Our goal is to distribute 5,000 face masks. Thanks to all those who have helped organize this initiative including Organizational Development, Volunteer Services, Purchasing and Communications & Marketing! Check out the video online at <https://bit.ly/FM-NCHC>



North Central Health Care  
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# Face Mask Project

Our Goal is to Make and Distribute 5,000 Masks!  
[www.norcen.org/face masks](http://www.norcen.org/face masks)

Volunteer Services Contact Info  
phone 715.848.4450  
or email [volunteer@norcen.org](mailto:volunteer@norcen.org)

To reach our goal, we need your help!

There are 2 ways you can participate:

1. You can donate supplies
2. You can sew masks

Donated supplies and materials will be packaged into kits (shown to right) for volunteers to pick up and sew. When your finished masks are complete, North Central Health Care will distribute all the masks to the residents, clients, patients and families of Mount View Care Center, Pine Crest Nursing Home and other NCHC program areas that are in need.



WHAT CAN I DONATE?

- Fat quarter bundles or other 100% cotton fabric that measures 10" x 20" or larger (no felt, polyester or synthetic fabrics)
- Elastic hair ties, rope elastic or beading cord elastic



Please contact volunteer services to make arrangements\* to drop off donations by calling 715.848.4450 or email [volunteer@norcen.org](mailto:volunteer@norcen.org). Donations can be dropped off at our Wausau Campus, Merrill and Antigo Centers. \*Please do not drop off donations without making arrangements with our Volunteers Services team.

The CDC does not consider homemade masks personal protective equipment (PPE) but should be used when no other alternative is available. We want to be sure that when needed, everyone can have a mask to help cover their cough or sneeze!

**accuquilt**

Accuquilt, a company that makes fabric cutters and dies for quilting and applique, has generously provided NCHC with an Olson face mask die and fabric cutter. The donations of cotton fabric that NCHC collects will be die-cut in large quantities and sorted into kits. Then those who can sew can pick up kits and finish the assembly of the cloth masks at home. No cutting of material and trying to figure out how to make a mask pattern. The kits materials are ready-to-sew!

SIGN UP TO SEW MASKS

If you would like to commit to sewing some cloth masks you can contact volunteer services or fill out an online form at [www.norcen.org/face masks](http://www.norcen.org/face masks) to coordinate the pick-up/drop-off of materials. Written instructions and a link to a video tutorial are also on this page.

**Note:** Each kit contains materials for five masks. It takes approximately 15-20 minutes to complete each individual mask, depending on your experience level.



Watch Accuquilt's Online Tutorial

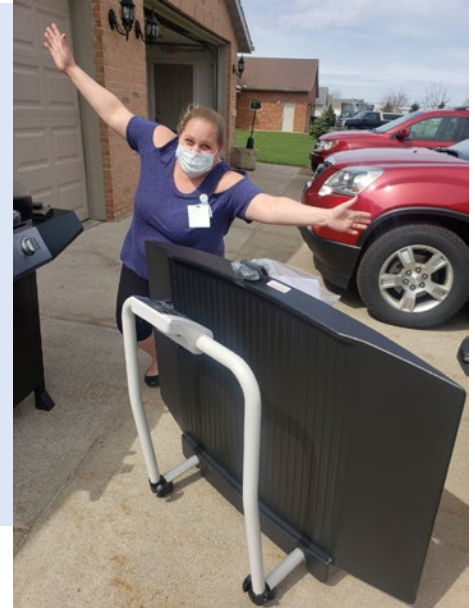


### RETIREMENT NEWS! Congrats Donna Otto, Residential

We would like to announce the retirement of Donna Otto on June 1! Donna has worked with NCHC for the last 11 years. We wish you all the best as you enter retirement. Congrats Donna!

### EXCITEMENT AT ANDREA STREET! New Wheelchair Scale Arrives

Jessica Kluck, Care Coordinator for Andrea Street has a lot of excitement about getting a wheelchair scale for Andrea Street. Patients who use wheelchairs and are not able to stand or maintain balance on a standard scale platform are weighed on a wheelchair accessible scale. Having access to this information helps our staff maintain their overall health. *Photo submitted by Jamie Collins.*



North Central Health Care  
Person centered. Outcome focused.

## Employee Recognition Awards

### Nominate a Coworker Today!

Nomination forms, selection criteria, award details and more are available online at

[www.norcen.org/Recognition](http://www.norcen.org/Recognition)

### UPDATES FROM CCITC

Contacting the On-Call Pager

CCITC regularly receives pages that come in for the HelpDesk that come in with only a 4-digit string. While they can typically sort that out by searching the NCHC directory of extensions, we would like to remind staff that they need the full 7-digit phone number for quickest response. If you do not leave a 7-digit or leave the 848-4600 number, after hours these numbers go the Switchboard or Crisis, therefore CCITC is unable to help you or spend unnecessary amounts of time looking for you. CCITC receives a few pages a month with the main 848-4600 as a callback.



### Oh, BABY!



Do you have a birth announcement you want to share with our NCHC Family? Send your announcement and picture (if desired) to your manager for sharing in the *News You Can Use*. Monthly, we will include all the newest members of our NCHC family. Be sure to include: Employee's Name, Department, any other family member names (spouse, partner, siblings) and the name and birth date of your little one. We love photos, too, but we respect your privacy, so share what you wish, if you wish!

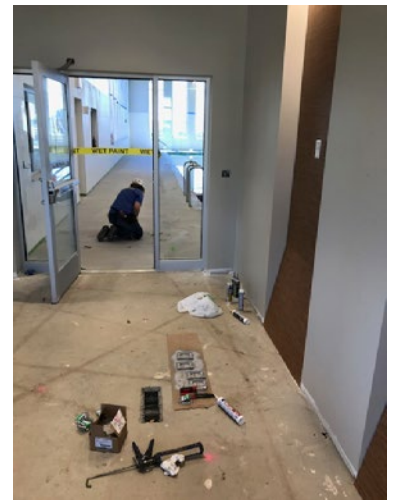
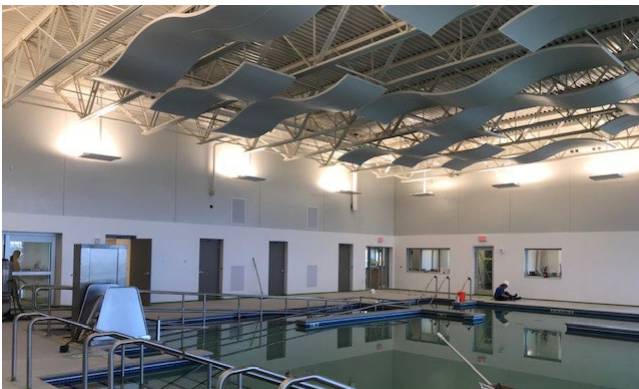
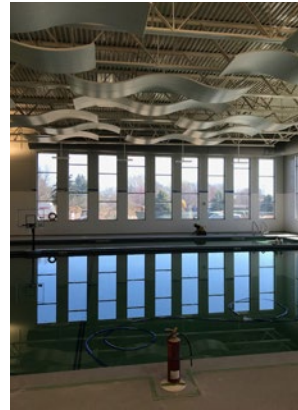


### WELCOME BABY VANDENHEUVEL

Brianna VandenHeuvel, CTRS, Life Enrichment Supervisor, gave birth to Ivy Ann on March 27, 2020. She was 7lb 8oz and 19.5 inches long. Ivy has a 2 year old sibling, Liam. Brianna's husband, Tony is a stay at home Dad.



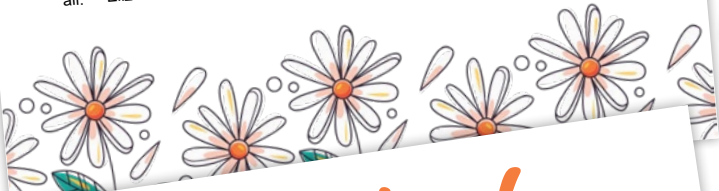
### WAUSAU CAMPUS RENOVATION UPDATES Aquatic Therapy Pool





# Thank You!

Dear healthcare worker,  
Thank you for serving on the front lines. In order to keep America healthy. We could not be getting thru this time without you. You put the country needs above you own and your family. We thank you so much for being so brave. And risking your health to have others. This pandemic does not stand a chance against you all. ~ Eliza



# Thank You!



I appreciate you for all the work you have done for this country. Thank you for defending our country and putting in the extra work for us. I appreciate you very, very much and I hope this Virus ends soon so you can get back to normal.  
~ Wyatt



**THANK A HEALTHCARE WORKER #MCLIVEUNITED**  
90 YEARS OF COURAGE United Way of Marathon County

# Thank You!

Thank you for everything you are doing during this crazy pandemic, to risk your own safety and well-being to take care of others truly makes you a hero! Comfort and care is so important for people that cannot be surrounded by loved ones during such a scary time, I want to thank you for being there for them, taking care of them, and keeping families connected.  
~ Vickie



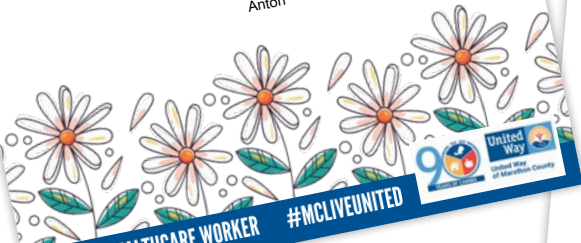
# Thank You!

THANK YOU! We so appreciate all you are doing to comfort and care for all that need it during this pandemic. You are brave, selfless, and strong, and are truly a hero. Stay safe and healthy, we need you!  
~ Vickie

**THANK A HEALTHCARE WORKER #MCLIVEUNITED**  
90 YEARS OF COURAGE United Way of Marathon County

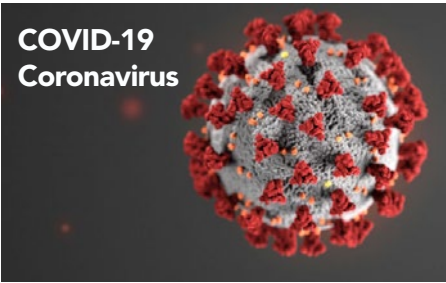
# Thank You!

Thank you for giving so much of yourself to help others. You are a true hero today and every day!  
You amaze me.  
Anton



Thank you so much for your dedication to healthcare & taking care of those who in need. We truly appreciate it and are so grateful from the bottom of our hearts, that you pursue your passion every day to help those in need, while fighting the battle to keep everyone safe. Keeping you in our thoughts everyday !!! - Whitney

**THANK A HEALTHCARE WORKER #MCLIVEUNITED**  
90 YEARS OF COURAGE United Way of Marathon County



# DO YOU HAVE A QUESTION ABOUT COVID-19?

NCHC has an online submission form for employees. You may submit a question online and if you leave your contact information, we will get back to you directly. You may also submit a questions anonymously and we will share the answer with your program or to all-staff through weekly communications.

Please visit [www.norcen.org/ForEmployees](http://www.norcen.org/ForEmployees) and click **SUBMIT A QUESTION**

## COVID-19 Preparedness & Response Frequently Asked Questions for NCHC Employees Updated May 7, 2020

### Return to Work

Q: If I have been told to stay home due to any symptoms of illness, when can I return to work?

A: The answer depends on your unique condition and when your symptoms improve, and is guided by these 2 strategies from the Centers for Disease Control and Prevention (CDC). <https://bit.ly/CovidReturntoWorkCDC>

#### Test-Based Strategy:

- Resolution of fever without use of fever-reducing medications
- AND**
- Improvement in respiratory symptoms
- AND**
- Two consecutive negative COVID-19 PCR tests collected ≥24 hours apart.

#### Symptom-Based Strategy:

- At least 72 hours have passed since recovery defined as resolution of fever without the use of fever-reducing medications
  - AND**
  - Improvement in respiratory symptoms,
  - AND**
  - At least 10 days have passed since symptoms first appeared.
- (Note this is a change from the previous 7 days recommended by the CDC)*

Q: Who do I contact if I am experiencing any signs of illness?

A: Contact your manager **and** NCHC Employee Health at 715.848.4396 to discuss any new onset symptom(s) of illness consistent with COVID-19 to determine if further action is needed. Do not come into work if you are experiencing symptoms at home. If you develop symptoms while at work, immediately stop any patient care. Keep your mask on at all times. Contact your manager/supervisor immediately and contact Employee Health.

The CDC reports that people with Covid-19 have a wide range of symptoms from mild to severe, or none at all. The following symptoms are common with Covid-19:

- Fever
- Cough
- Shortness of breath or difficulty breathing
- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell

This list is not all inclusive. Other less common symptoms have been reported, including gastrointestinal symptoms like nausea, vomiting, or diarrhea.

Q: I tested positive for Covid-19, are there return to work practices or restrictions for me?

A: Yes. Employee Health will provide you and your manager with the date you can return to work.

Your return will be based on the Test-Based Strategy **or** the Symptom-Based Strategy above.

You must follow the following guidelines when you return to work:

- Wear a facemask at all times while in the facility until all symptoms are completely resolved or at baseline.
- Be restricted from contact with severely immunocompromised patients until 14 days after illness onset.
- Adhere to hand hygiene, respiratory hygiene, and cough etiquette.
- Self-monitor for symptoms, and see re-evaluation from Employee Health if respiratory symptoms recur or worsen.

Q: I tested negative for Covid-19 but I am displaying symptoms, are there return to work practices or restrictions for me?

A: Yes. Employee Health will provide you and your manager with the date you can return to work.

Your return will be based on the Test-Based Strategy **or** the Symptom-Based Strategy above.

You must follow the following guidelines when you return to work:

- Wear a facemask at all times while in the facility until all symptoms are completely resolved or at baseline.
- Be restricted from contact with severely immunocompromised patients until 14 days after illness onset.
- Adhere to hand hygiene, respiratory hygiene, and cough etiquette.
- Self-monitor for symptoms, and see re-evaluation from Employee Health if respiratory symptoms recur or worsen.

Q: I had contact with someone who is positive for Covid-19 and I have no symptoms, what should I do?

A: Notify your Manager and Employee Health. After discussing with Manager and Employee Health you may be asked to:

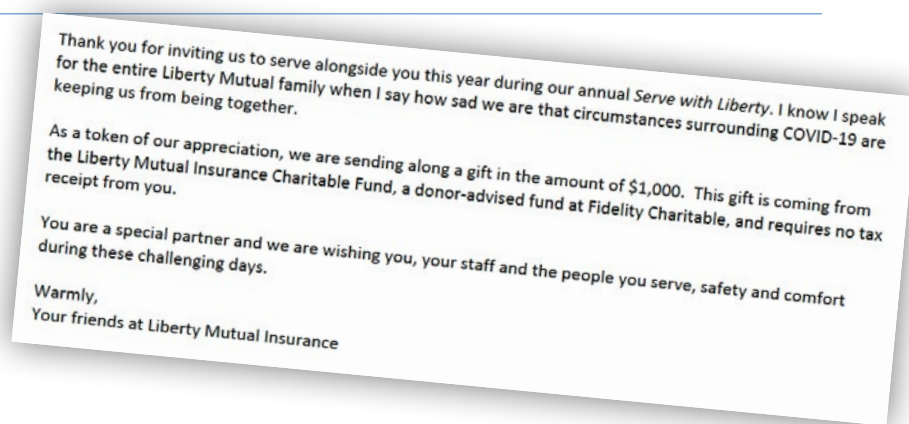
- Quarantine **OR** wear a facemask at all times while working, for 14 days after exposure.
- Be restricted from contact with severely immunocompromised patients, for 14 days after exposure.
- Adhere to hand hygiene, respiratory hygiene, and cough etiquette.
- Self-monitor for symptoms, seek re-evaluation if symptoms appear, and report to Employee Health & Manager.



## MOUNT VIEW RECEIVES GENEROUS DONATION FROM LIBERTY MUTUAL

### Serve with Liberty

Since Mount View Care Center was unable to host the Serve with Liberty events in May, due to Covid-19, Liberty Mutual decided to send us a check in the amount of \$1,000. This will go a long way in providing our residents with fun opportunities! Thank you Liberty!







### CHILDREN'S MENTAL HEALTH AWARENESS DAY <https://bit.ly/KidsMentalHealthDay2020>

The Community Treatment Youth teams cover Marathon, Lincoln, and Langlade. This group of professionals provides care and compassion to families with the most vulnerable children in our communities. Their passion for working with families and supporting community partners is inspiring. In honor of Children's Mental Health Awareness Day, we are all wearing green to show how important this day is to us.

#### Langlade County

- Brook Kickhaver
- April Bayer
- Jill Mattek Nelson
- Thomas Marquardt
- Wendee Cox
- Jennifer Denzine
- Belinda Davidson

#### Lincoln County

- Jordan Mueller
- Samantha Kunstmann
- April Bayer
- Ashley Hernandez
- Samantha Berndt
- Krista Vendetti--MHT
- Jennifer Staeven
- Amanda Mathis
- Belinda Davidson-RC

#### Marathon County

- Aaron Glenn
- Alex Derfus
- Bobbi Hansen
- Christine Seidler
- Cole Nelson
- Emily Badow
- Erik Hulman
- Giana Zubke Brubacher
- Gina Lenz
- Jake Prichard
- Jennifer Comfort
- Jessica Northway
- Jordan Imoehl
- Kevin Traeder
- Lindsay Sondelski
- Michelle Lorbiecki
- Mikayla Schade
- Nicole Voitula
- RaeAnne Huebner
- Ryan Thiel
- Tammy Beranek
- Tom Messman



## Nominate a Coworker Today!

Nomination forms, selection criteria, award details and more are available online at

[www.norcen.org/Recognition](http://www.norcen.org/Recognition)



## SafetyZone OCCURRENCE REPORTING

### HIPAA – Ask a Question

In an effort to house all of your privacy needs in one area, we have added a new option to SafetyZone so that we can track both questions and concerns in one application. Now instead of sending an e-mail, you can ask a question directly in SafetyZone.

This is exciting news as it demonstrates staff are concerned and interested in working to prevent potential events from happening. To promote continued staff involvement and the ability for the HIPAA Privacy Officer to provide feedback to an individual, the Compliance/HIPAA form has been enhanced with a few new tweaks.

Under the category Type of Occurrence, 'HIPAA – Ask a Question' has been added to options to select with an option to add your work email. The HIPAA Privacy Officer will then be able to respond to the submitter regarding HIPAA-related questions.

If you do have a concern to report this can be submitted using the 'HIPAA – Submit an Occurrence'. Normal follow-up practices will be used as before for those.

#### \*Type of Occurrence:

- Billing/Charging/Reimbursement
- Coding/Documentation
- Corporate Ethics
- HIPAA - Submit an Occurrence**
- HIPAA - Ask a Question
- Quality of Care/Patient Safety
- Other Compliance Issue



**\*Date/Time of Occurrence:**  
04/27/2020 Hour: 8 Min: 0 AM

**\*Type of Occurrence:**  
HIPAA - Ask a Question

**\*Location:**  
[Dropdown]

**\*Sub-Location:**  
Please select Sub-Location [Dropdown]

**\*Sub-Sub-Location:**  
Please select Sub-Sub-Location [Dropdown]

**\*Describe the occurrence/concern:**  
[Text Area]

**Was this reported to anyone else previously?**  
 Yes  No

**Your Name:**  
[Text Field]

To be Completed Only if "HIPAA - Ask a Question" is selected. If you would like a follow-up message from a manager on this submission please enter your work email address.

**Submitter Email:**  
[Text Field]



## tidbits on benefits

### WELLNESS CORNER

Submitted by Sherry Gatewood, PA

### ASTHMA

Asthma is an inflammatory condition that airway tubes to the lungs to swell, spasm extra mucous. Symptoms include cough, chest tightness and shortness of breath.

Asthma has several triggers including allergies, cold exercise or humid weather, strong smells, emotions and cigarette smoke. For someone with asthma, it can also be triggered by sinus infections and acid reflux.

Asthma is often associated with conditions like eczema and allergy to Aspirin.

Treatment of asthma includes avoiding triggers, taking allergy medications, if indicated and using a medication that is inhaled into the lungs to relax the muscles of the airway. This can be used before exercise to avoid symptoms while exercising. This medication relieves the symptoms of wheezing, chest tightness and shortness of breath. Albuterol is the generic medication. Proventil, Ventolin, and Pro Air are examples of name brands. Another medication called Levalbuterol or Xoponex can also be used to treat the symptoms of asthma.

Treatment of sinus infections and heartburn can also help with treatment of asthma.

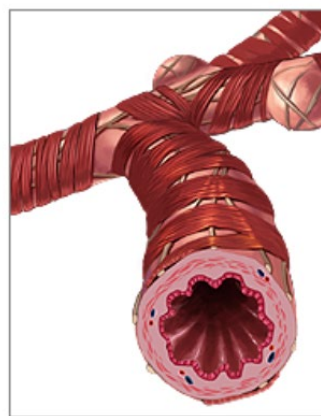
If someone is diagnosed with asthma and needs to use their inhaler more than 2 times per week, except when using preventively before exercise, they may need to be placed on an asthma control medication. These medications help to make the airway less sensitive to inflammation such as triggers. Some examples of inhaled steroids are Fluticasone (Flovent) and Budesonide (Pulmicort).



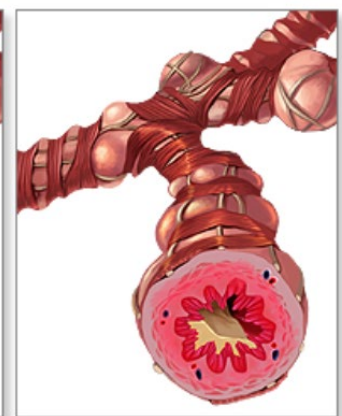
causes the and make wheezing,

Sherry Gatewood, PA

Normal bronchiole



Asthmatic bronchiole



A diagnosis of asthma requires the individual and family to understand the condition, triggers, treatment and what to do when it flairs up. This is an asthma action plan designed with the health care provider. For children, it is often necessary for the school nurse to have a copy of this in case of an asthma attack at school.

If you have questions about asthma, contact the Employee Health and Wellness Center at 715-843-1256.

<https://medlineplus.gov/ency/article/000141.htm>



# The Employee Health & Wellness Center

**Beginning May 11, 2020 The Employee Health & Wellness Center Clinic will be providing Video Visits.**

**We are continually looking for ways to keep our employees safe during this unprecedented time and are excited to announce that Aspirus and our on-site Provider, Sherry Gatewood PA-C, are now offering video visits!**



Video visits are appropriate for problems such as:

- Sinus infection
- Seasonal allergies
- Pink eye
- Asthma
- Urinary tract infections
- Rashes
- Acne
- Tick and insect bite
- Smoking cessation

Video visits are also appropriate to discuss on-going conditions such as:

- Diabetes
- Depression
- Anxiety
- Birth control

Sherry is also available for in person visits at the Employee Wellness Center per current guidelines. Annual exams need to be scheduled as an in person visit.

You will need to ensure that you have access to the technology needed: smart phone/tablet/laptop or PC with functioning camera.

Additionally, you must be registered with MyAspirus. If you are not currently, upon calling to schedule your appointment staff can quickly send an activation link to you via MyAspirus Email Signup. Once you are registered with MyAspirus, you may use direct scheduling to self-schedule a video appointment.

A clinic office visit fee will be billed in the amount of \$20 just as if you were going to the onsite clinic located at the Employee Wellness Center to see the Provider and is offered only during the normal clinic hours. Video visits that occur after clinic hours will be a billable visit and will be sent to insurance like other after hours visits to the walk-in or ED currently are.

**The Employee Wellness Center Clinic at is open and available. Call 715-843-1256 to schedule a video or in person visit.**

## EMPLOYEE HEALTH & WELLNESS CENTER

1100 Lake View Drive, Wausau, WI  
North Central Health Care  
Wausau Campus - Door 25

**Schedule an Appointment:**  
715.843.1256 or MyAspirus.org

### Clinic Hours

Monday - Wednesday - Friday: 8:00 am - 4:30 pm  
Tuesday: 6:30 am - 3:00 pm  
Thursday: 10:00 am - 6:30 pm

**The on-site clinic in person and Video Visits are available for employees and family members covered by the NCHC Health Plans.**



**North Central Health Care**  
Person centered. Outcome focused.





Marathon County  
Employees Credit Union

## We Are Still Here For You

As our lives continue to get upended by these unprecedented times caused by COVID-19, know that MCECU is still here. Our lobby may be closed, but staff is on-site and we have many services that will help ease you through these times, such as the use of our drive-up, online banking, remote deposit capture (RDC), electronic loan closings, bill pay, and our mobile app. Do not hesitate to call if you need something - we are still here and only a phone call away!

If you are facing financial struggles due to the Coronavirus (COVID-19), please call us to see if we can help. We are currently offering special loan options to assist you with your financial needs during this time of uncertainty. Possible options include reduced interest rates, short-term loans equivalent to average wages, lines of credit, or deferred payments on current loans.

**Proudly serving Health Care Center Employees  
& their Families since 1965.**

**715 261-7680**

**400 East Thomas Street • Wausau, WI 54403**



## WAUSAU CAMPUS CAFETERIA

**The Wausau Campus Cafeteria is Currently Closed**

We understand closing the cafeteria and other closures has potentially created a hardship for some. We are committed to working with staff and the people we serve to ensure food security to the best of our ability.

Any staff member who has a concern about their ability and/or their households ability to have food security (access to food) will have the ability to reach out to our Dietary Services Director Jennifer Gorman so we can understand these challenges and hopefully work with you.

Please contact Jennifer at 1-715-851-3966 or [jgorman@norcen.org](mailto:jgorman@norcen.org)

**Wondering Where You Can Find the  
Latest Covid-19 Info? FAQ's?**

**Have a Question? Need Resources?  
Need a Contact Phone Number?**

**[www.norcen.org/ForEmployees](http://www.norcen.org/ForEmployees)**



## MOTHER'S DAY CORSAGES

**Pine Crest Residents  
Help with Project**

Earlier this week residents at Pine Crest helped Ann, our Life Enrichment aide, make corsages to be passed out on Mother's Day. Thank you to Ann for preparing the holders for the flowers ahead of time and for doing the project with the ladies. They all had a job and had so much fun doing it. *Photo submitted by Doris Claussen.*



## WISCONSIN RETIREMENT SYSTEM ANNUAL STATEMENT OF BENEFITS DISTRIBUTION

**This statement is a once-a-year summary of non-retired members' retirement account information.**

Your employer usually receives and distributes paper statements to you in mid-April. However, the Department of Employee Trust Funds is not shipping statements to WRS local government employers because package delivery services have temporarily changed their confirmation of receipt procedures due to the COVID-19 pandemic. Instead, ETF is working with your employer to mail your statement to your home address. We do not have an exact date by which you can expect your statement, but we are working hard to make sure you receive your statement as soon as possible. These measures are necessary to ensure your information remains private and secure. Thank you for your patience as we work through this unprecedented time together. For More Information visit Web page and related resources: [My Statement of Benefits](#); Video: [Understanding Your Annual WRS Statement of Benefits](#); Webinars in April and May: [Understanding Your Annual WRS Statement of Benefits](#)